

Isle of Harris



Half Marathon

& Fun Run

Saturday 11th July 2009

at 1pm

BARR Approved
BAF Rules and SAF Permit
Medals to ALL finishers

Half Marathon entrants must be 17 or over on race day
All ages are welcome in the Fun Run
Prizes awarded to **CHILDREN ONLY** in the Fun Run

Please complete in **BLOCK CAPITALS**

Name

Address

Post Code

I wish to enter the:

Half Marathon

Fun Run

Male

Female

Age on Race Day

I hereby declare that I am an amateur and that I am medically fit to run. I understand the dangers to myself and my belongings and I enter at my own risk.

Signed Date

ENTRY FEES: Half Marathon—£10.00	S.A.F. Member—£8	S.A.F. Membership No.
Fun Run:	Children—£2.50	Adults £3.50
Send Postal Order or Cheque made payable to "Sports Harris" to:-		
Mr Coinneach Morrison, 3 Tobar Mairi, Tarbert, Isle of Harris. Telephone No. 0797 1248529		
Email: coinneach@isle-of-harris.com		
N.B. All SAF Members must enter their Membership No.		

Half Marathon Only Club

Team Name (Maximum of four per team—first three to count)

Do you wish to participate in the Hebridean Three Race Challenge—best three times for Stornoway, Harris, Benbecula, Barra & Skye Half Marathons?

Yes No