

# 2008 North District Championships

## U13 Girls

### U13 Girls 100m (Final)

1	Lucy Forsyth	Inverness Harriers AAC	14.38
2	Hannah Rogan	Forres Harriers	14.52
3	Natalie MacDonald	Inverness Harriers AAC	14.91
4	Shannon Evers	Caithness AAC	15.29
5	Shannon Sutherland	Nairn AAAC	15.42
6	Sarah Campbell	North Uist AAC	16.39
7	Hazel Forgan	Nairn AAAC	16.43
8	Iona Branagan	North Uist AAC	17.14

### U13 Girls 100m (Heat 1)

**ws -2.3**

1	Hannah Rogan	Forres Harriers	15.22
2	Natalie MacDonald	Inverness Harriers AAC	15.58
3	Shannon Evers	Caithness AAC	15.76
4	Shannon Sutherland	Nairn AAAC	15.76
5	Sarah Campbell	North Uist AAC	16.59
6	Hazel Forgan	Nairn AAAC	17.01
7	Mairi MacInnes	North Uist AAC	19.01

**PB**

### U13 Girls 100m (Heat 2)

**ws -0.89**

1	Lucy Forsyth	Inverness Harriers AAC	14.99
2	Iona Branagan	North Uist AAC	16.80
3	Catrin Evans	North Uist AAC	17.73
4	Katie Hocine	North Uist AAC	18.24

### U13 Girls 200m (Final)

**ws +4.0**

1	Anna Louise Nelson	Inverness Harriers AAC	31.12
2	Siobhan Robertson	Moray Road Runners	31.54
3	Natalie MacDonald	Inverness Harriers AAC	31.84
4	Laura Keen	Inverness Harriers AAC	32.24
5	Alison MacInnes	Stornoway Running & AC	32.80
6	Sarah Campbell	North Uist AAC	34.87
7	Nyree Troughton	North Uist AAC	35.78
8	Catrin Evans	North Uist AAC	36.41

### U13 Girls 200m (Heat 1)

**ws -0.7**

1	Natalie MacDonald	Inverness Harriers AAC	32.10
2	Laura Keen	Inverness Harriers AAC	32.60
3	Nyree Troughton	North Uist AAC	35.41
4	Catrin Evans	North Uist AAC	37.98

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## U13 Girls 200m (Heat 2)

ws +0.6

1	Anna Louise Nelson	Inverness Harriers AAC	31.14
2	Siobhan Robertson	Moray Road Runners	32.15
3	Alison MacInnes	Stornoway Running & AC	32.85
4	Sarah Campbell	North Uist AAC	34.94
5	Iona Branagan	North Uist AAC	38.18

## U13 Girls 70m Hurdles (Final)

ws +2.7

1	Shannon Evers	Caithness AAC	13.38	<b>PB</b>
2	Anna Louise Nelson	Inverness Harriers AAC	13.39	

## U13 Girls 800m (Final)

1	Mairead MacPhee	Lochaber AC	2.58.70
2	Anna Tait	Orkney Athletic Club	3.00.31
3	Alison MacInnes	Stornoway Running & AC	3.02.31
4	Kirsty Shand	Moray Road Runners	3.02.78
5	Nyree Troughton	North Uist AAC	3.04.33
6	Rebecca Laing	Moray Road Runners	3.18.18
7	Mairi MacInnes	North Uist AAC	3.37.19

## U13 Girls Discus

1	Hannah MacDougall	North Uist AAC	8.44
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## U13 Girls High Jump

1	Hannah Rogan	Forres Harriers	1.20
2	Anna Louise Nelson	Inverness Harriers AAC	1.20
3	Hazel Forgan	Nairn AAAC	1.05

## U13 Girls Javelin

1	Shannon Evers	Caithness AAC	23.08	<b>PB</b>
2	Karen Horne	Inverness Harriers AAC	18.81	<b>PB</b>
3	Heather Campbell	Inverness Harriers AAC	8.65	

## U13 Girls Long Jump

1	Lucy Forsyth	Inverness Harriers AAC	3.90	<b>PB</b>
2	Hannah Rogan	Forres Harriers	3.67	
3	Mairead MacPhee	Lochaber AC	3.36	
4	Sarah Campbell	North Uist AAC	3.25	
5	Shannon Sutherland	Nairn AAAC	3.02	
6	Katie Hocine	North Uist AAC	3.01	
7	Catrin Evans	North Uist AAC	2.84	
8	Iona Branagan	North Uist AAC	2.70	
9	Nyree Troughton	North Uist AAC	2.56	
10	Mairi MacInnes	North Uist AAC	2.38	

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## U13 Girls Shot Putt

1	Siobhan Robertson	Moray Road Runners	6.40	
2	Shannon Sutherland	Nairn AAAC	5.94	<b>PB</b>
3	Emma Bowie	Moray Road Runners	5.52	
4	Hannah MacDougall	North Uist AAC	4.01	

# 2008 North District Championships

## U15 Girls

### U15 Girls 100m (Final)

ws +4.3

1	Katie Stuart	Inverness Harriers AAC	12.86	<b>PB</b>	<b>CBP</b>
2	Eilidh MacLennan	Inverness Harriers AAC	13.42		
3	Megan Smith	Shetland AAC	13.53		
4	Ruby Merriman	Orkney Athletic Club	13.74		
5	Elaine Murdoch	Inverness Harriers AAC	14.21		
6	Sarah Morgan	Inverness Harriers AAC	14.22		
7	Morna Brown	Orkney Athletic Club	14.29		
8	Eilidh Boyle	North Uist AAC	14.53		

### U15 Girls 100m (Heat 1)

ws -1.2

1	Morna Brown	Orkney Athletic Club	14.81		
2	Kristina MacKenzie	Stornoway Running & AC	15.46		
3	Kathleen MacDonald	North Uist AAC	16.40		
4	Mairi Graham	Stornoway Running & AC	16.57		

### U15 Girls 100m (Heat 2)

ws -1.1

1	Katie Stuart	Inverness Harriers AAC	13.71		
2	Ruby Merriman	Orkney Athletic Club	14.24		
3	Eilidh Boyle	North Uist AAC	15.02		
4	Hannah MacLeod	Stornoway Running & AC	15.26		
5	Rebekah MacSween	North Uist AAC	15.59		
6	Kirsty Urquhart	Inverness Harriers AAC	15.68		

### U15 Girls 100m (Heat 3)

ws -1.0

1	Eilidh MacLennan	Inverness Harriers AAC	13.84		
2	Megan Smith	Shetland AAC	13.98		
3	Sarah Morgan	Inverness Harriers AAC	14.58		
4	Elaine Murdoch	Inverness Harriers AAC	14.67		
5	Leanne Evers	Caithness AAC	15.48		
6	Eilidh Johnson	North Uist AAC	15.79		

### U15 Girls 1500m (Final)

1	Katie Bristow	Shetland AAC	5.02.82		
2	Emma Dunnett	Caithness AAC	5.10.36		
3	Ailis Murray	Stornoway Running & AC	5.21.03		
4	Mhairi MacLennan	Inverness Harriers AAC	5.25.06		
5	Bethany Wilson	Moray Road Runners	5.28.31		
6	Rhian MacKay	Orkney Athletic Club	5.39.70		
7	Alice Tait	Orkney Athletic Club	6.05.63		

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<b>U15 Girls 200m (Final)</b>				<b>ws +3.0</b>
1	Katie Stuart	Inverness Harriers AAC	27.01	<b>CBP</b>
2	Megan Smith	Shetland AAC	28.16	
3	Hannah Duncan	Forres Harriers	29.17	
4	Sarah Morgan	Inverness Harriers AAC	29.97	
5	Rebecca Munro	Stornoway Running & AC	30.11	
6	Elaine Murdoch	Inverness Harriers AAC	30.18	
7	Eilidh Boyle	North Uist AAC	31.23	

  

<b>U15 Girls 200m (Heat 1)</b>				<b>ws +0.7</b>
1	Rebecca Munro	Stornoway Running & AC	29.98	
2	Sarah Morgan	Inverness Harriers AAC	30.31	
3	Elaine Murdoch	Inverness Harriers AAC	30.68	
4	Leanne Evers	Caithness AAC	32.08	
5	Hannah MacLeod	Stornoway Running & AC	32.36	
6	Kirsty Urquhart	Inverness Harriers AAC	32.95	
7	Eilidh Johnson	North Uist AAC	33.01	

  

<b>U15 Girls 200m (Heat 2)</b>				<b>ws +1.8</b>
1	Katie Stuart	Inverness Harriers AAC	27.39	
2	Megan Smith	Shetland AAC	27.82	
3	Hannah Duncan	Forres Harriers	28.82	
4	Ruby Merriman	Orkney Athletic Club	29.24	
5	Eilidh Boyle	North Uist AAC	30.53	
6	Kristina MacKenzie	Stornoway Running & AC	32.00	
7	Kayleigh Petrie	North Uist AAC	32.40	
8	Kathleen MacDonald	North Uist AAC	34.12	

  

<b>U15 Girls 75m Hurdles (Final)</b>				<b>ws +2.9</b>
1	Charis Mair	Inverness Harriers AAC	11.89	<b>PB CBP</b>
2	Megan Smith	Shetland AAC	13.25	
3	Hannah Paterson	Caithness AAC	13.80	<b>PB</b>
4	Jade Currie	Caithness AAC	15.15	
5	Holly MacIver	Stornoway Running & AC	15.62	

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## U15 Girls 800m (Final)

1	Hannah Duncan	Forres Harriers	2.27.73	
2	Jade Currie	Caithness AAC	2.29.25	<b>PB</b>
3	Corrin Miller	Inverness Harriers AAC	2.33.12	<b>PB</b>
4	Holly MacIver	Stornoway Running & AC	2.34.30	
5	Ailis Murray	Stornoway Running & AC	2.34.78	
6	Emma Dunnett	Caithness AAC	2.35.07	<b>PB</b>
7	Alice Tait	Orkney Athletic Club	2.35.64	
8	Lauren Odie	Shetland AAC	2.36.13	
9	Tyler MacLean	Inverness Harriers AAC	2.39.27	
10	Rhian MacKay	Orkney Athletic Club	2.40.52	<b>PB</b>
11	Rebecca Munro	Stornoway Running & AC	2.41.06	
12	Kristina MacKenzie	Stornoway Running & AC	2.56.99	

## U15 Girls Discus

1	Natasha Morris	Caithness AAC	23.58	<b>PB</b>
2	Kelly Bodley	Ellon AC	19.90	<b>PB</b>
3	Nadine Froughi	North Uist AAC	12.28	

## U15 Girls High Jump

1	Charis Mair	Inverness Harriers AAC	1.56	<b>PB</b>	<b>CBP</b>
2	Paula Gass	Inverness Harriers AAC	1.53		
3 =	Morna Brown	Orkney Athletic Club	1.45	<b>PB</b>	
3 =	Tyler MacLean	Inverness Harriers AAC	1.45	<b>PB</b>	
5	Hannah Paterson	Caithness AAC	1.35		

## U15 Girls Javelin

1	Tyler MacLean	Inverness Harriers AAC	23.17	<b>PB</b>
2	Natasha Morris	Caithness AAC	20.07	
3	Kelly Bodley	Ellon AC	18.81	
4	Kayleigh Petrie	North Uist AAC	16.28	
5	Rebekah MacSween	North Uist AAC	9.20	

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## U15 Girls Long Jump

1	Charis Mair	Inverness Harriers AAC	4.93	<b>CBP</b>
2	Elaine Murdoch	Inverness Harriers AAC	4.19	<b>PB</b>
3	Jade Currie	Caithness AAC	3.95	
4	Hannah Paterson	Caithness AAC	3.31	
5	Lauren Odie	Shetland AAC	3.30	
6	Oonagh Dunnett	Caithness AAC	3.86	
7	Rebecca Munro	Stornoway Running & AC	3.64	
8	Bethany Wilson	Moray Road Runners	3.61	<b>PB</b>
9	Kayleigh Petrie	North Uist AAC	3.37	
10	Hannah MacLeod	Stornoway Running & AC	3.33	
11	Eilidh Johnson	North Uist AAC	3.26	
12	Kathleen MacDonald	North Uist AAC	3.21	
13	Eilidh Boyle	North Uist AAC	3.14	
15	Rebekah MacSween	North Uist AAC	2.92	
16	Mairi Graham	Stornoway Running & AC	2.56	
17	Natasha Morris	Caithness AAC	2.40	

## U15 Girls Shot Putt

1	Kelly Bodley	Ellon AC	7.79	<b>PB</b>
2	Nadine Froughi	North Uist AAC	6.23	
3	Kirsty Urquhart	Inverness Harriers AAC	5.98	

# 2008 North District Championships

## U17 Women

### U17 Women 100m (Final)

ws +3.6

1	Inga Woods	Shetland AAC	13.16	
2	Carolynn Leslie	Orkney Athletic Club	13.30	<b>PB</b>
3	Katie Munro	Inverness Harriers AAC	13.33	<b>PB</b>
4	Caitlin Watt	Shetland AAC	13.73	
5	Allie Elphinstone	Shetland AAC	14.06	

### U17 Women 1500m (Final)

1	Eleanor Duncan	Forres Harriers	4.58.89	
2	Eilidh Black	Inverness Harriers AAC	5.19.23	
3	Kirstie Rogan	Forres Harriers	5.24.08	
4	Ceit Stewart	Stornoway Running & AC	5.50.61	
5	Katy Leslie	Orkney Athletic Club	5.54.72	

### U17 Women 200m (Final)

ws +2.0

1	Inga Woods	Shetland AAC	27.44	
2	Jennifer Harrison	Moray Road Runners	27.52	<b>PB</b>
3	Emma Leask	Shetland AAC	27.62	
4	Katie Munro	Inverness Harriers AAC	27.92	
5	Carolynn Leslie	Orkney Athletic Club	28.14	
6	Caitlin Watt	Shetland AAC	29.04	

### U17 Women 300m (Final)

1	Laura MacLeod	Inverness Harriers AAC	43.36	
2	Emma Leask	Shetland AAC	43.83	
3	Gemma Cormack	Moray Road Runners	43.84	
4	Jennifer Harrison	Moray Road Runners	44.00	<b>PB</b>
5	Inga Woods	Shetland AAC	44.76	
6	Allie Elphinstone	Shetland AAC	48.20	

### U17 Women 800m (Final)

1	Gemma Cormack	Moray Road Runners	2.13.51	
2	Eleanor Duncan	Forres Harriers	2.19.02	
3	Emma Leask	Shetland AAC	2.31.78	
4	Carly Kilpatrick	Orkney Athletic Club	3.20.03	

### U17 Women Discus

1	Kerri Cameron	Nairn AAAC	29.73	<b>PB</b>
2	Lois Gray	Shetland AAC	20.89	
3	Sophie Kelman	Shetland AAC	14.21	

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## U17 Women Javelin

1	Anna Giongrandi	Inverness Harriers AAC	28.62	<b>PB</b>
2	Chelsea Ross	Nairn AAAC	27.08	<b>PB</b>
3	Inga Woods	Shetland AAC	22.96	
4	Kerri Cameron	Nairn AAAC	22.50	
5	Lois Gray	Shetland AAC	21.85	
6	Sophie Kelman	Shetland AAC	17.84	

## U17 Women Long Jump

1	Ann MacLeod	North Uist AAC	4.26	
2	Allie Elphinstone	Shetland AAC	4.13	
3	Eilidh Peterson	Shetland AAC	4.12	

## U17 Women Shot Putt

1	Claire Wilson	Orkney Athletic Club	9.96	
2	Carly Kilpatrick	Orkney Athletic Club	8.52	<b>PB</b>
3	Anna Giongrandi	Inverness Harriers AAC	8.24	<b>PB</b>
4	Kerri Cameron	Nairn AAAC	8.04	<b>PB</b>
5	Lois Gray	Shetland AAC	7.85	
6	Caitlin Watt	Shetland AAC	6.74	

# 2008 North District Championships

## U20 Women

### U20 Women 100m (Final)

**ws +3.3**

1	Faye Richardson	Shetland AAC	12.30	
2	Sarah Smith	Inverness Harriers AAC	12.33	<b>PB</b>
3	Michelle Bodley	Ellon AC	13.67	

### U20 Women 200m (Final)

**ws +1.8**

1	Sarah Smith	Inverness Harriers AAC	25.60	<b>PB</b>
2	Faye Richardson	Shetland AAC	25.96	
3	Michelle Bodley	Ellon AC	28.60	

### U20 Women 400m (Final)

1	Faye Richardson	Shetland AAC	59.01	
2	Eleanor MacDonald	North Uist AAC	74.77	

### U20 Women 800m (Final)

1	Jenny Richardson	Shetland AAC	2.40.82	
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### U20 Women Discus

1	Claire Munro	Elgin AAC	22.41	<b>PB</b>
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### U20 Women High Jump

1	Eilidh MacLeod	North Uist AAC	1.35	
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### U20 Women Long Jump

1	Eilidh MacLeod	North Uist AAC	3.80	
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### U20 Women Triple Jump

1	Eilidh MacLeod	North Uist AAC	8.49	
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# 2008 North District Championships

## Senior Women

### Senior Women 100m (Final)

1	Marg MacRae	Orkney Athletic Club	12.98
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### Senior Women 1500m (Final)

1	Sheila Gollan	Caithness AAC	4.54.71
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### Senior Women 200m (Final)

1	Marg MacRae	Orkney Athletic Club	26.92
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### Senior Women 400m (Final)

1	Marg MacRae	Orkney Athletic Club	59.30
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### Senior Women Discus

1	Kirsty Law	Inverness Harriers AAC	46.04	<b>CBP</b>
2	Tracy Tamijmarane	Unattached	30.02	

### Senior Women Javelin

1	Tracy Tamijmarane	Unattached	23.78
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### Senior Women Shot Putt

1	Kirsty Law	Inverness Harriers AAC	10.98
2	Tracy Tamijmarane	Unattached	9.52

### Senior Women Triple Jump

1	Alison MacLeod	Windsor Slough & Eton	10.69
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# 2008 North District Championships

## U13 Boys

### U13 Boys 100m (Final) ws +3.2

1	Michael McLean	Nairn AAAC	13.72	<b>PB</b>
2	Connel MacDonald	Inverness Harriers AAC	14.47	<b>PB</b>
3	Scott MacDonald	North Uist AAC	15.80	

### U13 Boys 200m (Final) ws +3.3

1	Ross Gollan	Caithness AAC	29.05	<b>PB</b>
2	Michael McLean	Nairn AAAC	29.27	<b>PB</b>
3	Scott MacDonald	North Uist AAC	33.16	
4	Sean Currie	Caithness AAC	34.45	
5	Stuart MacDonald	Stornoway Running & AC	35.60	

### U13 Boys 75m Hurdles (Final) ws +3.0

1	Harry Barton	Inverness Harriers AAC	15.33	
2	Cameron Stuart	Inverness Harriers AAC	15.34	<b>PB</b>

### U13 Boys 800m (Final)

1	Ross Gollan	Caithness AAC	2.27.73	<b>PB</b>
2	Campbell MacDonald	Stornoway Running & AC	2.37.50	
3	Cameron Stuart	Inverness Harriers AAC	2.39.57	<b>PB</b>
4	Alasdair Coupar	Caithness AAC	2.47.13	
5	Sean Currie	Caithness AAC	2.52.09	<b>PB</b>
6	Stuart MacDonald	Stornoway Running & AC	2.53.21	

### U13 Boys High Jump

1	Connel MacDonald	Inverness Harriers AAC	1.25	
2	Campbell MacDonald	Stornoway Running & AC	1.15	

### U13 Boys Javelin

1	Iain Ferguson	North Uist AAC	17.90	
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### U13 Boys Long Jump

1	Michael McLean	Nairn AAAC	3.95	<b>PB</b>
2	Campbell MacDonald	Stornoway Running & AC	3.77	
3	Ross Tweedie	Nairn AAAC	3.58	<b>PB</b>
4	Stuart MacDonald	Stornoway Running & AC	3.21	
5	Sean Currie	Caithness AAC	2.98	<b>PB</b>
6	Scott MacDonald	North Uist AAC	2.78	

### U13 Boys Shot Putt

1	Connel MacDonald	Inverness Harriers AAC	8.37	<b>PB</b>
2	Iain Ferguson	North Uist AAC	5.52	
3	Michael McLean	Nairn AAAC	5.09	

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## U15 Boys

### U15 Boys 100m (Final)

1	Ian Coghill	Inverness Harriers AAC	12.52	
2	Alasdair Summers	Stornoway Running & AC	12.55	
3	Jamie Firth	Orkney Athletic Club	12.86	<b>PB</b>
4	David Smith	Inverness Harriers AAC	13.10	
5	Ross Fraser	Inverness Harriers AAC	14.01	
6	Magnus Blair	Orkney Athletic Club	14.08	
7	Tom Jamieson	Shetland AAC	14.37	
8	Tom Lane	North Uist AAC	14.76	

### U15 Boys 100m (Heat 1)

**ws -0.5**

1	Ian Coghill	Inverness Harriers AAC	12.77	
2	Alasdair Summers	Stornoway Running & AC	12.79	
3	Magnus Blair	Orkney Athletic Club	13.97	
4	Tom Jamieson	Shetland AAC	14.38	
5	Colin MacLeod	North Uist AAC	14.85	
6	Graham Black	North Uist AAC	15.01	

### U15 Boys 100m (Heat 2)

**ws -0.7**

1	Jamie Firth	Orkney Athletic Club	13.06	<b>PB</b>
2	David Smith	Inverness Harriers AAC	13.32	
3	Ross Fraser	Inverness Harriers AAC	14.06	
4	Tom Lane	North Uist AAC	14.31	

### U15 Boys 1500m (Final)

1	Robert Jones	Stornoway Running & AC	4.47.69	
2	Patrick Urquhart	Inverness Harriers AAC	4.48.44	<b>PB</b>
3	Craig Campbell	Inverness Harriers AAC	4.48.86	
4	Lorne McNiven	Shetland AAC	4.59.36	
5	Josh Sinclair	Stornoway Running & AC	5.07.49	
6	Alexander Thorne	Inverness Harriers AAC	5.34.54	
7	Oliver Ebdy	Elgin AAC	5.54.02	

### U15 Boys 200m (Final)

**ws +3.0**

1	Alasdair Summers	Stornoway Running & AC	26.32	
2	David Smith	Inverness Harriers AAC	27.03	
3	Jamie Firth	Orkney Athletic Club	27.13	<b>PB</b>
4	Stuart Michael	Ross County AC	28.77	
5	Magnus Blair	Orkney Athletic Club	29.89	
6	Tom Jamieson	Shetland AAC	30.16	
7	James Stewart	North Uist AAC	31.32	

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## U15 Boys 200m (Heat 1)

ws +0.6

1	Alasdair Summers	Stornoway Running & AC	26.24	
2	Jamie Firth	Orkney Athletic Club	26.61	<b>PB</b>
3	Ian Coghill	Inverness Harriers AAC	27.14	
4	Tom Jamieson	Shetland AAC	30.61	
5	Tom Lane	North Uist AAC	31.35	
6	Ewen Campbell	North Uist AAC	31.73	
7	Colin MacLeod	North Uist AAC	33.22	

## U15 Boys 200m (Heat 2)

ws -0.2

1	David Smith	Inverness Harriers AAC	28.54	
2	Stuart Michael	Ross County AC	28.91	
3	Magnus Blair	Orkney Athletic Club	29.98	
4	James Stewart	North Uist AAC	30.56	
5	Alexander Thorne	Inverness Harriers AAC	30.66	
6	Oisin Buckley	North Uist AAC	34.11	

## U15 Boys 400m (Final)

1	Ross Fraser	Inverness Harriers AAC	64.13	
2	Stuart Michael	Ross County AC	66.91	
3	Ewen Campbell	North Uist AAC	72.18	
4	Oisin Buckley	North Uist AAC	79.22	

## U15 Boys 800m (Final)

1	Robert Jones	Stornoway Running & AC	2.16.57	
2	Lorne McNiven	Shetland AAC	2.18.47	
3	Moray Goodfellow	Moray Road Runners	2.25.50	
4	Josh Sinclair	Stornoway Running & AC	2.27.44	
5	Calum Robertson	Stornoway Running & AC	2.29.65	
6	Graham Black	North Uist AAC	2.49.49	
7	James Wilson	Moray Road Runners	2.53.20	

## U15 Boys Discus

1	Oliver Ebdy	Elgin AAC	14.60	
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## U15 Boys High Jump

1	Ian Coghill	Inverness Harriers AAC	1.50	
2	Calum Lawson	Stornoway Running & AC	1.40	
3	Stuart Michael	Ross County AC	1.35	
4	Peter Johnson	North Uist AAC	1.25	
5	James Stewart	North Uist AAC	1.20	

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## U15 Boys Javelin

1	Graham Nicoll	Nairn AAAC	34.77
2	Calum Robertson	Stornoway Running & AC	26.89
3	Rory Goodlad	Shetland AAC	23.83
4	Oliver Ebdy	Elgin AAC	19.21
5	Peter Johnson	North Uist AAC	18.89
6	Josh Sinclair	Stornoway Running & AC	18.45
7	Alan Gordon	North Uist AAC	15.14

## U15 Boys Long Jump

1	Ross Fraser	Inverness Harriers AAC	4.11
2	Calum Lawson	Stornoway Running & AC	4.03
3	Alasdair Summers	Stornoway Running & AC	3.99
4	Rory Goodlad	Shetland AAC	3.72
5	Craig Campbell	Inverness Harriers AAC	3.59
6	Graham Black	North Uist AAC	3.47
7	Oisin Buckley	North Uist AAC	3.28
8	Tom Lane	North Uist AAC	2.98

## U15 Boys Shot Putt

1	Graham Nicoll	Nairn AAAC	9.15
2	Alan Gordon	North Uist AAC	7.49
3	Peter Johnson	North Uist AAC	6.82
4	Ewen Campbell	North Uist AAC	5.18

## U15 Boys Triple Jump

1	James Stewart	North Uist AAC	7.33
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# 2008 North District Championships

## U17 Men

### U17 Men 100m (Final)

1	Andrew Raeburn	Caithness AAC	11.32	
2	Stuart Laing	Inverness Harriers AAC	11.43	<b>PB</b>
3	James Watson	Orkney Athletic Club	12.30	<b>PB</b>
4	Sean Maver	Shetland AAC	12.46	
5	Daniel Wright	Banchory & Stonehaven AC	12.52	
6	Adam Horne	Inverness Harriers AAC	13.10	

### U17 Men 100m Hurdles (Final)

**ws +2.0**

1	James MacPhail	Ross County AC	16.39	<b>PB</b>
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### U17 Men 1500m (Final)

1	Bobby Bristow	Shetland AAC	4.39.68	
2	Robbie Gregg	Stornoway Running & AC	4.50.64	
3	Callum Stevenson	Orkney Athletic Club	4.52.12	<b>PB</b>

### U17 Men 200m (Final)

**ws +2.5**

1	Andrew Raeburn	Caithness AAC	23.22	
2	Rory MacLure	North Uist AAC	24.88	
3	Daniel Wright	Banchory & Stonehaven AC	25.91	
4	James Watson	Orkney Athletic Club	25.97	<b>PB</b>

### U17 Men 3000m (Final)

1	Bobby Bristow	Shetland AAC	9.58.06	
2	Donald Shand	Moray Road Runners	10.44.26	

### U17 Men 400m (Final)

1	David Garioch	Moray Road Runners	52.78	
2	Christopher Fife	Inverness Harriers AAC	55.08	<b>PB</b>
3	Scott Bowie	Moray Road Runners	57.11	
4	John Gillespie	Forres Harriers	57.61	
5	Hugh Ebdy	Elgin AAC	61.67	

### U17 Men 400m Hurdles (Final)

1	James MacPhail	Ross County AC	60.28	<b>PB</b>
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### U17 Men 800m (Final)

1	Christopher Fife	Inverness Harriers AAC	2.07.59	
2	Rory MacLure	North Uist AAC	2.17.73	
3	John Gillespie	Forres Harriers	2.19.37	
4	James MacPhail	Ross County AC	2.24.61	

### U17 Men Discus

1	Sam O'Kane	Caithness AAC	34.34	
2	Donald Morrison	North Uist AAC	19.36	

# 2008 North District Championships

## U17 Men High Jump

1	Martin Nicoll	Nairn AAAC	1.78
2	Sam O'Kane	Caithness AAC	1.60

## U17 Men Javelin

1	Jordan Morrison	Shetland AAC	32.53
2	Hugh Ebdy	Elgin AAC	32.37
3	Donald Morrison	North Uist AAC	19.80

## U17 Men Long Jump

1	Sean Maver	Shetland AAC	5.27
2	Jordan Morrison	Shetland AAC	4.77
3	Connor Wood	Shetland AAC	4.61
4	Rory MacLure	North Uist AAC	4.59

## U17 Men Shot Putt

1	Sam O'Kane	Caithness AAC	10.97
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## U17 Men Triple Jump

1	Andrew Raeburn	Caithness AAC	13.25
2	Sean Maver	Shetland AAC	11.20
3	Jordan Morrison	Shetland AAC	10.85
4	Robbie Gregg	Stornoway Running & AC	10.29
5	Connor Wood	Shetland AAC	10.22

# 2008 North District Championships

## U20 Men

### U20 Men 100m (Final)

1	Stewart Johnson	North Uist AAC	11.26	
2	Gordon Mowat	Orkney Athletic Club	11.37	<b>PB</b>
3	Scott Lawson	Shetland AAC	11.62	
4	Iain Nelson	Orkney Athletic Club	11.78	
5	Andrew Jubb	North Uist AAC	11.83	
6	Kenneth Nicholson	Inverness Harriers AAC	11.84	<b>PB</b>

### U20 Men 200m (Final)

**ws +2.1**

1	Stewart Johnson	North Uist AAC	23.15	
2	Gordon Mowat	Orkney Athletic Club	23.57	
3	Kenneth Nicholson	Inverness Harriers AAC	24.03	<b>PB</b>
4	Donald Ferguson	Inverness Harriers AAC	24.09	
5	Scott Lawson	Shetland AAC	24.15	
6	Andrew Jubb	North Uist AAC	24.83	
7	Patrick Bennie	North Uist AAC	26.74	
8	Alasdair Grigor	Inverness Harriers AAC	28.11	<b>PB</b>

### U20 Men 400m (Final)

1	Donald Ferguson	Inverness Harriers AAC	51.29	<b>PB</b>
2	Thomas Newton	Orkney Athletic Club	54.09	<b>PB</b>
3	Patrick Bennie	North Uist AAC	60.92	

### U20 Men 800m (Final)

1	Thomas Newton	Orkney Athletic Club	2.10.01	
2	Iain Townsend	North Uist AAC	2.14.27	
3	Paul Ferguson	North Uist AAC	2.26.66	

### U20 Men High Jump

1	Patrick Bennie	North Uist AAC	1.60	
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### U20 Men Javelin

1	Dwayne Davies	Shetland AAC	33.92	
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### U20 Men Long Jump

1	Michael Heubeck	Shetland AAC	5.53	
2	Andrew Jubb	North Uist AAC	5.32	
3	Scott Lawson	Shetland AAC	5.27	

### U20 Men Shot Putt

1	Dwayne Davies	Shetland AAC	10.46	
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### U20 Men Triple Jump

1	Stewart Johnson	North Uist AAC	12.12	
2	Michael Heubeck	Shetland AAC	10.71	

# 2008 North District Championships

## Senior Men

### Senior Men 100m (Final)

ws +3.0

1	Lee Williamson	Aberdeen AAC	11.27	<b>PB</b>
2	David Miller	Orkney Athletic Club	11.56	<b>PB</b>
3	Nigel Thomson	Orkney Athletic Club	11.75	
4	Jamie Miller	Inverness Harriers AAC	11.87	<b>PB</b>

### Senior Men 110m Hurdles (Final)

ws +2.0

1	Kevin Morice	Moray Road Runners	21.31	
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### Senior Men 1500m (Final)

1	Stewart Atkinson	Ross County AC	4.27.88	
2	Shawn Tait	Orkney Athletic Club	4.49.33	

### Senior Men 200m (Final)

1	Lee Williamson	Aberdeen AAC	23.40	
2	David Miller	Orkney Athletic Club	23.70	
3	Nigel Thomson	Orkney Athletic Club	23.98	
4	Jamie Miller	Inverness Harriers AAC	24.35	<b>PB</b>
5	Kevin Morice	Moray Road Runners	24.42	

### Senior Men 400m (Final)

1	David Miller	Orkney Athletic Club	52.50	
2	Nigel Thomson	Orkney Athletic Club	53.56	

### Senior Men 400m Hurdles (Final)

1	Kevin Morice	Moray Road Runners	68.39	
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### Senior Men 5000m (Final)

1	Paul Rogan	Forres Harriers	17.46.76	
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### Senior Men Discus

1	Gary Sweeney	Moray Road Runners	33.39	
2	Edward McKenzie	Aberdeen AAC	30.74	

### Senior Men High Jump

1	Kevin Morice	Moray Road Runners	1.40	
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### Senior Men Javelin

1	Edward McKenzie	Aberdeen AAC	38.71	
2	Gary Sweeney	Moray Road Runners	38.14	
3	Craig Sweeney	Moray Road Runners	35.23	

### Senior Men Long Jump

1	Gary Sweeney	Moray Road Runners	5.38	
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## 2008 North District Championships

### Senior Men Shot Putt

1	Gary Sweeney	Moray Road Runners	12.10
2	Edward McKenzie	Aberdeen AAC	10.69
3	Craig Sweeney	Moray Road Runners	8.62