

# Stornoway Half Marathon, 10K & Family Fun Run

Saturday 29<sup>rd</sup> May 2010, 10am

Name .....

Address .....

..... Postcode .....

e mail .....

male ..... female ..... d.o.b. - .../.../.... Age on day of race .....

Club ..... (first three to count)

Local entry? (Birth / 1 year minimum residency) .....

Scottish Athletics Number .....

I wish to enter (circle the appropriate);

Half Marathon                      10K                      Fun Run

Entry Fees

**Half Marathon** £12.00 – Scottish Athletics members, non members £14

**10k** £8.00 - Scottish Athletics members, non members £10

**Fun Run** £2.50 children under 18 - £5.00 adults

Do you intend to take part in the Hebridean 3 Race Series    Yes / No

I wish to attend the Saturday evening ceilidh    Yes / No

In entering I declare that I am medically fit to run. I further accept that I enter at my own risk to myself and my belongings.

Signed .....

Date .....

Cheque for entry should be made payable to

## **Stornoway Running and Athletics Club**

for the appropriate amount and sent to ;( Acknowledgement by e-mail or post if no e mail address supplied, if so please enclose S.A.E.)

Jason Laing, The Gatehouse, Grimersta estate, Isle of Lewis, HS29EJ

Further details – [jason.laing@care4free.net](mailto:jason.laing@care4free.net) or [www.srac.org.uk](http://www.srac.org.uk)

The **co-operative**