



# Alex Murray Lewis & Harris XC Series

**14 Jan 2012**

## Race 2 Schedule

- 09.45 U17M, U20s, Seniors
- 10.40 Under 9 Girls
- 10.50 Under 9 Boys
- 11.00 Under 11 Girls
- 11.05 Under 11Boys
- 11.20 Under 13 Girls
- 11.25 Under 13 Boys
- 11.45 Under 17 Women,  
Under 15 Girls  
Under 15 Boys

### Race Distances

Long Lap: 1600m (Gates 1 and 2 open)  
 Short Lap: 850m (Gates 1 and 2 closed)

U20s and Senior Men - 4 long laps  
 U17m and Senior Women - 3 long laps  
 U17w and U15s - 1 short and 2 long laps

U13s - 2 long laps  
 U11s - 1 long lap  
 U9s - 1 short lap